Dear Local Section Members,

First, thank you for electing me again to serve as your President. It is truly an honor and privilege to serve on your board. It has been very fulfilling professionally and personally to see what our local section has become since its inception in 1972. A big thank you to all who have served on our board during those years and who continue to support our section year after year. In addition, it's great to see younger professionals engaging in our local section activities. You are our future. Our section has a history which we should be very proud of. Many of our members have and continue to serve on boards, committees and in government leadership roles both at the state and national level. We are IH!

As we all know, we are a volunteer driven organization. We need every member to engage. Some of you will be able to offer more time than others— but everyone matters! In the coming months, we will be reaching out to learn from you about how we can become an even more effective local section. Commitment and follow through are critical to our success. In addition to sharing your thoughts about our future, there will be opportunities to serve on the board. When these opportunities arise, please consider serving. You will not regret it. Involvement in our local section provides you with quality professional development and professional friendships and networking opportunities that last for decades.

I hope to see you at our next meeting in Myrtle Beach, SC at the Embassy Suites-Kingston Plantation on September 26-28, 2018. We have some great topics and presenters scheduled to attend.

Sincerely,

Mary Carol Lewis Curran
Fall Conference Profile

**Wednesday, September 26th**

**Professional Development Course**

12:00 PM PDC Registration opens

1:00 PM – 5:00 PM
PDC: Reducing Overexertion Injuries
A Prerequisite for World Class Safety
Tim McGlothlin, MS, CPE, FIIESE; Senior Executive Director of The Ergonomics Center of North Carolina

**Thursday, September 27th**

**Professional Development Course (cont’d)**

7:30 AM – 8:00 AM
Continental Breakfast

8:00 AM - 12:00 PM
PDC: Reducing Overexertion Injuries (cont’d)

**Conference Sessions**

12:00 PM – 1:00 PM
Lunch
Vendor Display Area

1:00 PM – 1:15 PM
Welcome
Mary Carol Curran, PCIH-Consultant

1:15 PM – 2:15 PM
Nanotechnology: An Update on Epidemiological Findings, Exposure Measurements and Worker Awareness
Bruce Lippy, PhD, CIH, CSP, FAIHA; Director of Safety Research, CPWR

**Friday, September 28th**

**Conference Closing Session**

8:00 AM – 8:30 AM
Continental Breakfast
Vendor Display Area

8:30 AM - 9:00 AM
Business Meeting
Mary Carol Curran, PCIH-Consultant

9:00 AM – 10:00 AM
Leveraging PSM Principles to Prevent Worker Exposures
Tim Hicks, HHS Consulting

10:00 AM - 10:30 AM
Break and Vendor Presentations
Vendor Display Area

10:30 AM – 12:00 AM
Control Banding
NIOSH

12:00 PM
Closing Remarks
Mary Carol Curran, PCIH-Consultant
Reducing Overexertion Injuries: A Prerequisite for World-class Safety

Instructor: W. Tim McGlothlin, MS, CPE, FIISE

Overexertions continue to be the leading cause of disabling injuries at work. Representing nearly one quarter of all injuries, these overexertions are generally associated with lifting, pushing, pulling, holding, and carrying tasks. Organizations cannot be truly world class unless they can identify and reduce these manual materials' handling issues. This workshop shows the attendee how to evaluate the effectiveness of potential solutions prior to implementation. Finally, the workshop looks at future control measures including the use of exoskeletons.

Objectives:

- Define ergonomics and the benefits of good ergonomics.
- Define overexertion injuries (MSDs) and give examples.
- Identify the risks factors that contribute to these injuries.
- Describe injury statistics related to MSDs of the lower back.
- Describe simple biomechanics as related to lifting tasks.
- Learn how to use (1) the 1991 NIOSH Lifting Equation and (2) the Liberty Mutual Materials Handling Guidelines as both reactive and proactive analytical tools for evaluating and reducing risk factors.
- Describe engineering and administrative controls to reduce the potential of overexertion injuries.
- Describe proper lifting techniques and how they can reduce the potential for lower back injuries.
- Learn of future control measures including the use of exoskeletons.

A PowerPoint presentation will be used throughout the workshop. Audience interaction is encouraged as appropriate. Classroom demonstrations and hands-on examples will be worked in class to solidify understanding of the NIOSH Lifting Equation and Liberty Mutual Guidelines. All attendees will receive instructional manuals and basic software.

AIHA Fall PDC/Conference
September 26–28, 2018

Embassy Suites at Kingston Plantation
Myrtle Beach, South Carolina
Carolinas Section - AIHA
Fall PDC and Conference
September 26th – September 28th 2018

Conference Registration (Sept. 27th-28th)
Circle one

Member $220
Nonmember $240
(add $20 after September 13th)

PDC-Registration (Sept. 26th-27th)
Circle One

Member $220
Nonmember $255
(add $20 after September 13th)

Vendor
Exhibit Space (each table) $400

Carolinas Section Annual Dues
Member $35 Student $10

Method of Payment
__Check __Visa __MasterCard __American Express

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(on back of card) ______________________

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Title: _________________________________
Company: _____________________________
Address: ______________________________

City: ___________ State: ___ Zip: _____

Business Phone: _______________________

Email: ______________________________

Check box if this is an address change  

Make Checks payable to AIHA Carolinas Section and Mail
Registration Form To:

Carolinas Section
Attn: Connie McElroy-Bacon
PO Box 37492
Raleigh, NC 27627-7492

Fax: 919-852-4594
Phone: 919-233-8400
cbacon@mindspring.com

Amount enclosed: _________

REGISTER ONLINE AT

www.aiha-carolinas.org
Carolinas AIHA appreciates the support of our Vendors!
 Treasury Report

As of August 2, 2018 the Treasurer reports a treasury value of 35,145.34

Member News

Results of Board Member Elections

Vice – President – Lee McKinney (progressive position);
Secretary – Jill Warren (2 year term with option to progress to other roles);
NC Board Member – Leaton Jones (2 year term with option to progress to other roles).

Welcome new Board members and many thanks to current Board members for their volunteer service to Carolinas AIHA!

eLearning

The Carolinas-AIHA is pleased to announce that we have continued the eLearning Subscription series for our members and purchased the subscription for 2018!

Check out the eLearning Subscriber's webpage for more information. This webpage will list all upcoming webinars and house links to the recordings, handout materials, and evaluations.

https://www.aiha.org/education/eLearning/Pages/eLearningSubscriptionMembers2018.aspx

You must complete the online evaluation in order to receive credit. On the evaluation, please indicate your subscription group, Carolinas, in Question 3 so we know to waive fees.
Please allow 1-2 weeks to receive email notification of your updated education transcript.

The deadline for submitting evaluations is January 31, 2019.

Stay Informed, Stay Connected

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AIHA-Carolinas Section

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